



## ZEN GOURMAND SERVICES

zengourmand@juliemoorespa.com  
905.668.2255

### Personal/Private Chef

Enjoy and savour the tastes of a fabulous gourmet restaurant meal in the comforts of your own home. He will prepare a customized menu tailored to your specific preferences or occasion, complete the grocery shopping and beverage purchasing as needed and transform all ingredients into delectable gourmet meals that may be served to enjoy immediately, or prepared ahead to be reheat and served later on.

\$125/hr plus expenses, 3hr. Min.

### Personalized guided winery tours

Organizing and conducting personalized winery and vineyard tours for small groups or individuals including transportation, tasting room visits, meeting the wine makers and exquisite lunches or dinners at fine winery restaurants. Regional tours are available in the Niagara, Peele Island as well as the Prince Edward County regions. Group rates, min. 12 people, Whitby departures

Peele Island tours \$200 pp  
Niagara tours \$150 pp  
PEC tours \$125 pp

### Wine and Spirit Tastings

Organizing wine tasting events including wine selection, tasting notes and necessary stemware as required at locations of your choice or at our facilities.

\$45 pp up, depending on beverage selection and extras

### Speaking engagements

The Zen Gourmand is available for highly entertaining or educational speaking engagements or presentations on many culinary, wine and spirit related topics.

\$500 & up

### Personal Wine Buyer

Providing personalized consulting and buying services for dinner parties, events, special occasions, cellaring and investment purposes.

\$80/hr consulting

\$40/hr plus expenses buying (shopping time)

### Food and Beverage Pairing

Not sure which wines or beverages to serve with your meal, dinner party, special event, or function? The Zen Gourmand will prepare wine pairing recommendations for you based on the various aspects of the occasion as well as criteria such as personal preferences, themes, private inventories, and allocated budgets etc.

\$25 per course/bottle via email

\$80/hr on location consulting

### Cooking classes/demonstrations

Cooking classes and demonstrations are offered to small groups of individuals, spa staff, as well as private clients. The Zen Gourmand specialize in International Cuisine with attractive, modern presentations.

\$45 pp & up, min. 5 people;

\$125/hr one-on-one

Fees vary according to group size and requested length of class/demo.

### Commercial Menu Consulting

A complete menu consulting and developing service, including recipes and presentation, is available to hotels, restaurants, spas, and individuals. Menus are customized to accommodate budgetary and dietary requirements and tastes. Special attention is being paid to the availability of ingredients in specific locations.

\$125/hr

